

## U of R STUDENT TESTIMONIALS

*"I took my first year of University in the Faculty of Education at Southeast College in Weyburn and had a great experience. The class sizes are small which makes it easier to get used to university classes. The classes are also personal which makes it easier to understand and stay on track*

*I also received a \$1000 scholarship from Southeast College for taking my classes there. Since I chose to take my classes in Weyburn, I was close to home and with my family all the time. Taking classes in Weyburn made the transition from high school to university easier and less stressful. Taking my first year classes in Weyburn was a great experience and I would encourage anyone considering coming to Weyburn to do it!"*

**Paige Doud. – Bachelor of Education**

*"Distance learning is a university experience that is unlike any other one. You get the structure of taking university classes but also get the flexibility to allow yourself to proceed through school at your own pace. I am in my third year of the Social Work program with the U of R and have taken a variety of blended, online, televised (LIVE), and face-to-face classes. I have been able to take all my required social work classes, mandatory classes for acceptance to the social work program, and some electives choosing this path...I am able to work part time at a social work job as well as pursue my Bachelor of Social Work degree. I have the best of both worlds."*

**Cassidy A. – Bachelor of Social Work**

## SOUTHEAST COLLEGE

Southeast College serves learners throughout the southeast Saskatchewan region and surrounding First Nations communities with main campuses in Assiniboia, Estevan, Moosomin and Weyburn. Through partnerships with post-secondary institutions, Southeast College delivers academic, vocational and university programming. Additionally, the College serves many business and industry stakeholders by offering numerous business, safety and industrial courses which are required to meet the diverse and challenging demands of the workplace and Saskatchewan's growing economy.

## CAMPUS LOCATIONS

### Estevan

532 Bourquin Road  
Telephone: (306) 634-4795

### Weyburn

633 King Street  
Telephone: (306) 848-2500

### Moosomin

610 Park Avenue  
Telephone: (306) 435-4631

### Indian Head

708 Otterloo Street  
Telephone: (306) 695-2243

### Assiniboia

201 – 3rd Avenue West  
Telephone: (306) 642-4287



University of Regina  
at  
Southeast College

**Bachelor of Health Studies**

[southeastcollege.org](http://southeastcollege.org)

## UNIVERSITY OF REGINA FIRST YEAR COURSES

First year University of Regina courses are being offered at the Weyburn, Estevan, Moosomin and Indian Head campuses for the 2018/2019 academic year.

**Proposed Fall Courses: September to December 2018**

- English 100
- Indigenous Studies 100
- Sociology 100
- Biology 140
- Social Work 100

**Proposed Winter Courses: January to April 2019**

- English 110
- Film 100 (Fine Art requirement)
- Math 101
- Religious Studies 100
- KHS 139 Movement Education

\*Course offerings subject to change pending university schedule and approval

Complement your first year program with the following LIVE streamed, online and/or blended courses:

**PSYC 101 – Live Streamed and Online**

**PSYC 102 – Live Streamed and Online**

**KIN 170 – Online**

**KIN 260 – Online**

**KIN 267 – Online**

For course listing of LIVE streamed, online and/or blended courses, go to:

<http://www.uregina.ca/cce/flexible-learning/>

## BACHELOR OF HEALTH STUDIES

The Bachelor of Health Studies (BHS) aims to provide students with an integrated understanding of the ways in which social, economic and cultural “determinants of health” shape individual beliefs, attitudes and practices which in turn affect physiological and biological functioning of individuals.

The degree promotes an interdisciplinary understanding of health drawing on both the social sciences and the natural sciences and aims at promoting knowledge development and action conducive to health. This program meets the needs of Saskatchewan and Canada as health issues continue to dominate public policy choices. A key feature of this program is its emphasis on understanding indigenous health needs.

Credit Hours	Bachelor of Health Studies, Required Courses	Student’s record of completed courses
3.0	ENGL 100	
3.0	INDG 100	
6.0	Two of: BIOL 100, BIOL 101, BIOL 140, KIN 260, KIN 267	
3.0	PSYC 101	
3.0	PSYC 102	
3.0	SOC 100	
3.0	KIN 170 or KIN 171	
24.0	Total first year BHS	

## SAVE MONEY BY TAKING YOUR FIRST YEAR AT SOUTHEAST COLLEGE!

When considering accommodation, living and travel expenses, it is estimated that the average student may save approximately **\$10,000** by taking their first year of university studies at home.

## OTHER BENEFITS OF LEARNING WHERE YOU LIVE

- Personalized instruction
- Smaller class sizes - lower instructor/student ratios
- Enhanced student supports – access to Southeast College Student Services Advisors
- Special awards, scholarships and bursaries available for University students attending classes at Southeast College

### INTERESTED IN MORE INFO?

Call one of our Student Services Advisors for assistance with enrollment and class selection.  
Toll Free – 1-866-999-7372

Margaret Fuchs  
mfuchs@southeastcollege.org  
Lorelei Lachambre  
llachambre@southeastcollege.org  
Brie Lanoie  
blanoie@southeastcollege.org